

SB 1192

HEALTHY-BY-DEFAULT KIDS' MEAL BEVERAGES

The California Healthy-by-Default Kids' Meal bill makes a healthy beverage—water or milk—the default beverage for children's combo meals instead of sugary drinks, helping parents provide healthy drink options to their children while eating outside the home.



California cities and counties are already committing to making the healthy choice the easy choice for kids.

★ Ordinances:

- ✓ Berkeley
- ✓ Cathedral City
- ✓ Daly City
- ✓ Davis
- ✓ Long Beach
- ✓ Perris
- ✓ Stockton
- ✓ San Francisco County
- ✓ Santa Clara County

The whole state should join the movement!

☆ Resolutions (passed but no enforcement):

- ✓ Chula Vista
- ✓ Hawthorne



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“Our lives are busy, and more and more we're grabbing a meal on the run or eating out. That's why it's so important that restaurants offer healthy food and beverage options—especially for children.”

– California Parent

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74% of top restaurant chains still have sugary drinks on children's menus.

The current environment still makes it very hard for parents to choose a healthy option for their kids. Some companies have voluntarily implemented this health-focused practice in their menus: McDonald's, Wendy's, Burger King, Dairy Queen, IHOP, Applebee's and Jack-in-the-Box.

We need more action.



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**PUBLIC HEALTH
ADVOCATES**
EVERYONE HAS THE RIGHT TO BE HEALTHY